What is claimed is:

- 1. A mobile terminal comprising:
- a transmitter/receiver configured to transmit/receive a signal to/from a base station;
- a communication state determination unit configured to
 - a movement state measurement unit configured to measure a movement state of the mobile terminal; and
- a reception period controller configured to control a

 10 reception period for receiving a control signal transmitted from
 the base station by the transmitter/receiver, based on a
 communication state determination result determined by the
 communication state determination unit and a movement state
 measurement result measured by the movement state measurement

 15 unit.
 - 2. The mobile terminal of Claim 1, further comprising:

a reception state measurement unit configured to measure
a reception state of the signal from the base station received
by the transmitter/receiver, wherein

the reception period controller controls the reception period based on the communication state determination result, the movement state measurement result, and a reception state measurement result measurement unit.

- 3. The mobile terminal of Claim 2, wherein the reception state measurement unit measures a difference in reception states of signals from a plurality of base stations received by the transmitter/receiver, as the reception state.
- 4. The mobile terminal of Claim 1, wherein the communication state determination unit determines whether the transmitter/receiver is in communication or stand-by, as the communication state.

5. A control device comprising:

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a communication state determination unit configured to determine a communication state of a transmitter/receiver transmitting/receiving a signal to/from a base station of a mobile terminal:

a movement state measurement unit configured to measure a movement state of the mobile terminal; and

a reception period controller configured to control a reception period for receiving a control signal transmitted from the base station by the transmitter/receiver, based on a communication state determination result determined by the communication state determination unit and a movement state measurement result measured by the movement state measurement unit.

15 6. The control device of Claim 5, further comprising:

a reception state measurement unit configured to measure a reception state of the signal from the base station received by the transmitter/receiver, wherein

the reception period controller controls the reception period based on the communication state determination result, the movement state measurement result, and a reception state measurement result measurement unit.

25 7. A communication system, comprising:

a base station: and

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a mobile terminal comprising: a transmitter/receiver configured to transmit/receive a signal to/from the base station;

a communication state determination unit configured to

a movement state measurement unit configured to measure a movement state of the mobile terminal: and

a reception period controller configured to control a reception period for receiving a control signal transmitted from 35 the base station by the transmitter/receiver, based on a communication state determination result determined by the

communication state determination unit and a movement state measurement result measured by the movement state measurement unit.

8. A communication method comprising:

determining a communication state of a mobile terminal transmitting/receiving a signal to/from a base station;

measuring a movement state of the mobile terminal; and controlling a reception period for receiving a control

signal transmitted from the base station by the mobile terminal, based on a communication state determination result and a movement state measurement result.